

SELECTION PROCESS, POLICY & EXPECTATIONS SEASON 2011

Selection Process

The Footscray Women's Hockey Section will conduct a fair, honest and open selection process. The selection panel will consist of the coaches and captains of each team and all members can voice their opinions and reason for players being selected. Other members of a team's leadership group or the player's reps may be asked to attend.

Selection will occur on a Tuesday evenings after training. Coaches will be responsible for the initial communication to players regarding selector's decisions, providing the reasons for decisions made and giving advise as to the steps required for player improvement. Any member can ask their coach (or captain if preferred) about selection or attend the selection of their team (upon asking permission from their coach). If your desire is to play in a higher grade please ask your coaches for advise on areas to improve and what is required to play in a higher grade.

Nicole Virtuoso will also attend the selection panel due to her knowledge of player availability/unavailability, Nicole will not be a selector, she is responsible for scribing the teams, e-mail communication, ensuring that all teams have 11 players (including a Goal Keeper) and will ensure all Hockey Victoria rules involving player registration, eligibility and movement are followed. If you are unavailable for games, please inform your coach and Nicole as **soon as possible** via email or 0424132715 or 93144584. There will also be an "Unavailable List" on the ladies notice board in the clubrooms, so please write your name legibly.

This process makes selection fair and transparent.

Selection Policy

The aims and objectives of the 2011 season have been made very clear by the FHC Board of Directors.

- gain promotion to State League 1
- advance all other teams to higher grades
- develop future State League 1 hockey players

The club will be supporting the achievements of these aims and objectives by providing outstanding coaches and appropriate support processes. Becoming a State League 1 club requires all teams to move into higher grades. When we achieve that level of depth, we could be said to be competitive at the elite level of our sport.

Developing young senior players quickly: Where appropriate and given due consideration, young senior players will continue to be given every opportunity to play senior hockey at the highest level available. The aim this year (2011) is to continue to integrate the talented young players into the top 6 senior grades - those that have the fitness, skills, ability, maturity, endeavour and commitment to develop themselves. Age is not an issue, if a player is deemed to be at a level suitable for that grade and meets all the other criteria, then the player will be considered for that grade.

Mentor Program for Young Players: Young players who are identified as a future talent of FHC may be given opportunity to DS into a higher grade to experience the warm up, coaches pre/mid/post game talks and although they are not guaranteed game time, they may be given a few minutes depending on the game situation.

Selection Expectations

Selection will be based on a 5 key areas:

- **Attendance at Training**

State League 2 Pennant C Pennant D	2 times per week (Tue & Thu) Note: Training will be early on both nights 6:30pm - 8:30pm
Metro 1 North Metro 2 North Metro 2 South	1 time per week (Thu) 7:30pm - 9:00pm
Metro 3 North Metro 3 South Metro 4 North	Training is not compulsory however you are welcome to attend Metro 1 North & Metro 2 North training sessions. There will be specific organised training sessions to cater for M2S, M3 and M4

Note:

Coaches will be proactive in "Player Management"

- *Players who have heavy sporting commitments due to school hockey or representative selection (Wildcat or State Teams), may be given permission by the coaches to train once a week during this time.*
- *Education (such as VCE) and career commitments are considered important by FHC, permission may be given by the coaches to train once a week during these busy times.*
- *Injuries will be managed*

Each players' circumstances and individual situation will be taken into consideration - the key is communication with your coaches.

- **Fitness**

An excellent fitness base is required for any athlete to compete at the highest levels. Fitness will be taken into consideration for all teams.

- **Skill and Ability**

Players must possess the appropriate level of skill and ability to compete at a particular grade level. Occasionally exceptional skill and ability can benefit a player whose fitness (for whatever reason) is not at the preferred level.

- **Attitude**

- INTENSITY, the harder and more positively you work at training, warm up and during games the better, particularly compared to those who put in the bare minimum or are negative. Train how you want to play with "INTENSITY". Go out and set the intensity level at all trainings, warm up and games.
- POSITIVE TALK - all the time, there is a constructive way to say everything.
- ATTITUDE TOWARDS UMPIRES (No talking to umpires, no matter the level of umpire rostered, if we play well enough we can win over the umpires too.)
- FOLLOW TEAM RULES and expectations.
- SUPPORT YOUR CLUB at all times.

- **Performance**

If you "tick all 4 boxes" listed above, good performances will come as you will be playing great hockey. Consistency will be the key - one bad game will not lead to you being dropped just as one good game will not lead to you being promoted. Consistent levels of excellence are required to prove you can play at the correct level.