



The Bulldog Banter



Hello members and friends of Footscray Hockey Club

We are now closer to half way through the 2017 season and everyone is very busy trying to improve their game, the results and the ladder positions before we move into the second half of the year.

The Board too is working hard to improve life around the Club. We have recently appointed John Mason as General Secretary to replace Lauren Dick who is heading overseas and has been a very hard worker over her two years (and a half) in the role so we wish her well and thank her for her input and support. We welcome John Mason and also look forward to the benefit of his past sports administration experience as we move forward. Many thanks for Geoff Peacock for offering his services.

We are also taking some actions to improve our sponsorship arrangements so that we have a quality offering to attract more sponsors and hopefully provide them with more value over time. Please note that a member and parent survey is about to be distributed for completion and we are also sending one to our existing sponsors too. As always I welcome your feedback on any matters.

On a different note Hockey Victoria are communicating with Club Presidents and Secretaries to ask Clubs to promote better behaviour towards our officials. Without Umpires we cannot play any games so please be aware that it is a difficult job as we know when we have to umpire ourselves. So, please take care when talking to umpires or other officials around the grounds - perhaps bite your tongue and just get on with your own game. Don't let your team down Or the Club by getting sent off (or reported).

All the best for the mid season and I hope that the second half of the season brings great results for all our hardworking teams.

Regards

Rodney Johnstone (RJ)

President - FHC



[Men's Health Round @ FHC - Saturday 17th June](#)

We are welcoming past and present male players/supporters to watch the



main Men's games (12.30 Premier League Reserves and 2 o'clock Premier League) on June 17th and socialise with each other.

Junior families are invited along where fathers and sons can watch together, family members of current and past players are also invited to attend.

We encourage all club members to make contact with any male players that they know (past and present) and get them along to the clubrooms to enjoy the afternoon.

[Read more.](#)

FHC Survey

FHC has engaged Sponsr (sponsr.com.au) to assist with increasing sponsorship revenues and engagement as part of an exclusive trial?

We are sending you a short survey to complete anonymously so that we can accumulate more relevant information about our membership.



This will be used to inform potential sponsors so that they can better develop offers, products and services for our club. I.e. this should enable us to attract more local sponsors and they will be able to offer more relevant items for the benefit of our members. Many thanks in anticipation.

Please [click here](#) to complete the survey.

MYSTERIES TO BE RESOLVED AFTER 40 YEARS?

Those who are familiar with the recent fall-out between the TEM and St Kilda / Power House Hockey Clubs (in which the entire TEM Men's State League squad upped and left five years ago to join the St Kilda / Power House Hockey Club) might have some feeling for what happened at FHC back in the late nineteen seventies.

The FHC men had been a strong part of the Melbourne hockey scene coming out of the nineteen fifties – early nineteen sixties (played the equivalent of PL through-out that period), but started to slide down the grades through the sixties and seventies, finding themselves playing fourth division by the mid-seventies. This was despite the Club having moved to its new two-grass field complex in Essex St West Footscray in 1965, and having relatively strong juniors through this period.

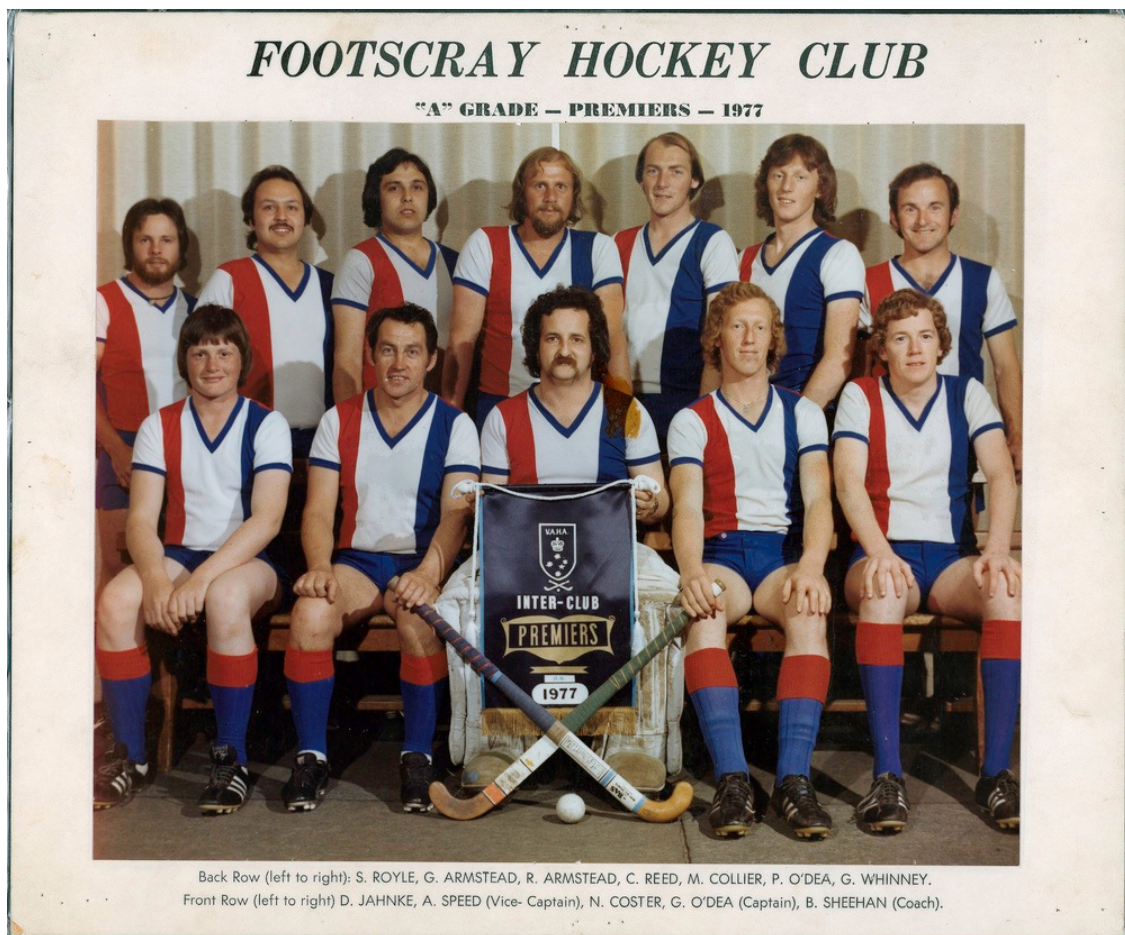
Why the slide down three grades of mens hockey during the preceding ten years, and why the loss of a generation of young men to a newly-created 'Sunshine Hockey Club' in the couple of years leading into the 1977 State League Div 4 grand-final played between Footscray and Sunshine HC's? Well these questions might finally be answered at FHC on Sat June 17 when we

host a 40 year anniversary of that very grand-final (won by FHC 3-2 in extra-time to deliver FHC its fifth mens first-eleven premiership).

The premiership photo attached adds further interesting elements to this story as no less than five of the twelve FHC players involved on the day went on to become Life Members of our great club, one of whom (U16 boy Darryl Jahnke) was the only interchange player named on the day for FHC. A far cry from the 16 man / women squads named for today's games!

Many of the young men who played for Sunshine HC in this grand-final subsequently returned to FHC in following years to coach FHC teams, play in our Master's teams, etc, etc. All are welcome back on Saturday week as we seek to add another layer of importance to the ever-growing annual men's health round!

Brendan Sheehan
0405061536



Men's Section Report

Almost at the halfway mark of the season and please find below how each of our teams are position. A couple of wins in the coming weeks will see more of teams heading for September action. Good luck to all!

Don't forget Men's Health Round this weekend down at the Club. Come on down and enjoy a great day down at the Club. This year we welcome our 1977 A4 premiers team, there's a few familiar faces in this group, please make them all welcome on Saturday.

Cheers & good luck,

Yank

Grade	Position	Points
Premier League	12th	7
Premier League Reserve	9th	12
Pennant A	5th	11
Pennant C	5th	10
Pennant D	5th	10
Pennant F	9th	3
Metro A	1st	18
Metro B	1st	20

Women's Section Report

The women's section is steaming ahead with 7 teams in the winter competition this year. We have welcomed many new members to the club and new junior faces. The sensational Women's Team of volunteers have taken on board many of the administration tasks for the year to help share the workload, thank you very much. Special thanks to Georgia Hopkins and Georgia Cutrale for your work on the Premier League Committee and the Wild Wild West Social Function & Raffle.

Our game day results have been mixed, most teams playing competitive hockey with a close scoreboard. Premier League recently drew with HAW & DON who had not lost a point this season sitting 10th but 2 games yet to play to catch up on postponements, Reserves remain super competitive clocking up many draws 13th, Pennant A 8th, Pennant B 9th, Pennant D 5th, Pennant E 10th, Metro B 10th. We are looking forward to an improved back half of the season.

Congratulations to Lily Brazel who has made the National Development Squad and Olivia Colasurdo, Georgia Hopkins, Carly James and Bethany Russ who have been selected in the Victorian U21's team.

Junior Section Mid-Season Update

Once again, FHC had another huge pre-season and our numbers continue grow with keen talented young players. This sees our FHC based U8 competition (Super 8's) with a huge 11 teams this year. FHC's U10 Super-league competition again thriving with 4 FHC teams and we also welcome Caroline Springs Hockey Club's 2 teams to our U10 Super-league. Players and parents are enjoying the format of a consistent time and location for the small field format games.

After 6 rounds of the season several teams are enjoying success and consolidating positions in the top 4. Ladder positions after round 6 as follows:

U18 Mixed Northwest – 4th

U16 Girls A Shield – 1st

U16 Mixed A Shield NW – 3rd

U16 Mixed Northwest – 6th

U14 Girls A Shield – 6th

U14 Mixed A Shield NW – 3rd

U14 Mixed Northwest – 4th

U12 Mixed A Shield – 7th

U12 Girls Pennant – 7th

U12 Mixed Pennant NW – 11th

U12 Mixed Northwest – 7th

U10 Mixed NW – 3rd

U10 Girls NW – 1st



Volunteers Required - Junior State Championships

If you haven't yet undertaken your canteen duty for 2017, FHC needs your help!

FHC will again be hosting the 2017 Junior State Championships from Tuesday 4th to Friday 7th July. Teams will be travelling from across Victoria and playing from 8.00am - 8.00pm.

This is one of the clubs biggest events of the year and to ensure it runs smoothly, we need your help!

Please log on to FHC's canteen 'Sign Up' and choose a time that suits you.

[Click here to Sign Up!](#)

First Aid Fast Course

If you're interested in getting a basic run down of First Aid skills, FHC have organised a 3 hour course to be run in the clubrooms on Monday 19th June.

The course will run from 6.00pm - 9.00pm and those wishing to attend must register their interest.

Please email general.secretary@footscrayhockey.com.au if you're interested in attending.



First Aid⁺ Fast

**Monday
19th June
6:00PM**

COURSE OVERVIEW

First Aid Fast, powered by Australian First Aid represents a fresh new approach to First Aid learning.

First Aid Fast is a more simple way to learn, in a fun and informal environment, providing new life saving skills.

The course will focus on key principles of First Aid, and will be delivered in approximately 3 hours. Everyone enrolled will be given hands on training. First Aid Fast is all about totally flexibility with learning, ensuring the community feels empowered with better access to life saving skills and information via our unique technologies.

Dates: Monday 19th June
Time: 6pm - 9pm
Location: Footscray Hockey Club

Topics covered include:

1. CPR /Defibrillation
2. Choking
3. Seizures
4. Asthma/Allergies
5. Bleeding and Bandages
6. Sprains, Strains and Fractures
7. Head and Spinal Injuries
8. Concussions/ Ball and Stick injuries
9. Emergency Planning and Incident Reporting
10. Q & A

What you receive:

- 3 hours of life saving training, learning new skills that could save a life
- First Aid Fast Flip Chart
Great for the Fridge
- CPR Face Shield
- Pen
- Free online e learning refresher
- 20% discount off CPR accredited course
- Access to First Aid Fast App

Junior State Championships (JSCs) - Western Wildcats:

Congratulations and good luck to the following FHC players:

U13 Girls: Madeline Bezzobs, Kiera Corder, Bridgette de la Mere, Zoe Hibbard, Georgia Kikidis, Alexandria Mozjerin,



Maddisun Passmore, Charlotte Whiteside, Kate Thomas
(South West Country Eagles).



U13 Boys: Daniel Lienert, Samuel O'Brien, Coen Skyes, John Robbins (South West Country Eagles).

U15 Girls: Jessica Campbell (GK), Jaimee Colwell, Josie Ersbland, Alannah Hibbard, Brianna Hudson, Amelie Keane, Olivia Marshall, Macayla Newey, Jasmine Nowlan James, Jade Robertson.

U15 Boys: Harry Brazil, Lando Brownstein, Joshua D'Arcy (GK), Lachlan D'Arcy, Samuel Komp, Tri Nguyen, Kean Weerasekera.

U17 Girls: Helayna Braiden, Tate Brazil, Claire Hind, Rebecca James, Ania Kosowski, Georgia Nelson.

U17 Boys: Joshua Bradfield, Benjamin Rose, Aaron Savory, Sam Grimes (North East Red Devils)

School Sport Victoria (SSV) - National Championships:

U12 Girls: Maddisun Passmore, Kate Thomas.

Congratulations Thanh Le

One of our former members recognised for their contribution.....Congratulations to Thanh Le (brother of Tung) on his fantastic record and this recognition. We are all very proud of you at FHC.

Public Service Medal (PSM)

Federal (continued)



Mr Thanh Phan LE, Hawker ACT 2614 For outstanding public service in the area of humanitarian and emergency response.

Mr Le has twenty years of outstanding service to humanitarian and emergency response, and to international public health causes in the public and private sector and working with international organisations. He has regularly been deployed overseas to disaster areas, in trying conditions and at very short notice, and has consistently led relief coordination efforts on the ground for both Australian whole-of-government and multinational/multilateral efforts. The qualities of his technical skills, leadership and coordination abilities have been consistently lauded by the Department of Foreign Affairs and Trade's (DFAT) Australian and international partners and have reflected enormously well on DFAT. He has led Australian efforts with international partners to address priority public health emergencies, including his secondment to the Asian Development Bank as an adviser to the Asia Pacific Leaders Malaria Alliance (2013-14), and as Head of the DFAT Ebola Task Force (2014/15). In these roles he drew together international efforts to form targeted, practical and coordinated policy and program responses to national interest priorities for Australia, and in turn gave Australia an outstanding international reputation for its responsive, needs-based and strategic approach to these international public health emergencies. The international

humanitarian and emergency response work that Mr Le has overseen over the past decade has undoubtedly saved many lives, and allowed affected communities to recover much faster from disaster than would otherwise have been the case.

Member Protection Information Officers (MPIOs)

Who are MPIOs?

Junior Section: Leonard Robbins, Nicole Virtuoso

Senior Sections: Karen Johnstone, Lauren Dick, Nicole Virtuoso

Their role: A Member Protection Information Officer (MPIO) is responsible for providing information about a person's rights, responsibilities and options to an individual making a complaint or raising a concern. They can also provide information and advice to sport administrators and complaint handlers with regard to the Member Protection Policy of that sport. MPIOs are generally impartial; they do not mediate or investigate complaints.

You can become a certified MPIO by taking the following steps:

1. Complete online course at any time. The course will take approximately four hours and you can pause and resume the course at any time.
2. Once the course is completed you will receive a completion certificate that includes your online certification number (you need to keep this).
3. Complete the face to face workshop and access the next course via the Play by the Rules website or contact Suzanne Henderson at the details below.
4. On completion of the face to face workshop you will receive your certification number. You will need both this number and your online certificate number to finally register as a MPIO to receive your certificate of recognition.

If you are interested in becoming an MPIO, please contact David Braiden.



[What's This? KE40 comes to FHC](#)

KE40 (pronounced key-40)

Footscray Hockey Club has partnered up with Hockey Victoria to pilot KE40, a brand new program under the banner of HV's social hockey initiatives.

WHERE: FOOTSCRAY HOCKEY CLUB
 WHEN: WEDNESDAYS 5.40PM, STARTING 14 JUNE
 WHO? ANYONE... ANY FITNESS LEVEL, ANY AGE, ALL ABILITIES.
 WHAT DO I NEED? JUST YOUR RUNNERS - WE'LL TAKE CARE OF THE REST.
 FOR MORE INFORMATION ON KE40 AND TO REGISTER FOR THE PROGRAM, HEAD TO THE WEBSITE BELOW AND CLICK ON KE40
 WWW.SOCIALHOCKEY.COM.AU




State sport program



So what is KE40? It is a great cardio workout that will save you time, increase your fitness and you can even pick up a few hockey skills along the way too! Developed between the staff at Hockey Victoria and Acceleration Melbourne, KE40 incorporates sports science objectives into a fun and time efficient hockey

program!

The program is open to all participants, while hopefully appealing to hockey parents who spend their time on the sideline waiting for their kids to finish training. The idea behind the program is simple - quit being the spectator on the sidelines and take part in a team based fitness program that will get you puffing more than the players. Any level, any age and all abilities can take part in the program that is designed with a 40/20 philosophy in mind. 40 seconds of effort / 20 seconds of active recovery. Be motivated alongside like-minded participants, learn from a university qualified sport science coach from Acceleration Melbourne and achieve results in your own time!

KE40 will commence on Wednesday 14 June and will be delivered at the club from 5:40pm to 6:20pm on the following dates: 14 June, 21 June and 28 June (free introductory sessions) and 19 July, 26 July, 2 August, 9 August and 16 August (paid sessions - \$10 per session).

[Read more.](#)



footscrayhockey.com.au