



# Under 10 Summer Hockey Information Pack 2018

Welcome to Term 4 (summer) at Footscray Hockey Club - we have a lot going on!

There are several options and opportunities for hockey in term 4:

- U11 Hockey Victoria Indoor (at Vic Uni) Saturday afternoon competition starts 6<sup>th</sup> Oct
- Hockeyroos Clinic @ FHC Wed 17<sup>th</sup> October
- U10 Hockey 6's (at FHC) Wednesday evenings starts 24<sup>th</sup> Oct

Age qualification is calculated on the age of the participant at **31/12/2017**

Children can participate in both HV Indoor and Hockey 6's

**We are looking for volunteers to be team managers/coaches. If you are interested, please email Caroline [juniors@footscrayhockey.com.au](mailto:juniors@footscrayhockey.com.au)**

## Hockeyroos Clinic @ FHC

**Coaches Rachael Lynch (GK), Krissy Bates, Lily Brazel & Madi Ratcliffe**  
**Open for boys and girls.**

**When:** Wednesday 17th October 4.00-5.00 pm @ Footscray

**Cost:** \$20/field player. \$40/goal keeper

**How to register?** Send your child's name, age and position (field/GK) to [lilykbrazel@gmail.com](mailto:lilykbrazel@gmail.com)

Payment will be due 1 week before via bank transfer (and organised by the coaches).

Watch this space: Term 4 Development Sessions.  
Likely to be Tuesday or Wednesday evenings but will confirm by asap

## U10's Hockey 6's @ FHC

Register your child by **Sunday 30<sup>th</sup> September** Vicky Mannix [under10@footscrayhockey.com.au](mailto:under10@footscrayhockey.com.au)

Child's Name:

DOB:

Friendship Requests:

**FHC Registration/Fees Link (\$50 - 8 rounds) Due 30<sup>th</sup> September**

<https://footscrayhockeyclub.wufoo.eu/forms/z1hzah0l11yppg8z/>

We're excited to deliver a Hockey 6's competition at Footscray Hockey Club. It follows on from our successful club-run Hockey 6's program run last year. The program will be run similar to the previous year's program, but with 6 field players (no goal keepers) in each team on the ¼ field.

- 8 week season
- Mixed teams will be selected evenly in ability, taking into consideration friendship requests
- There are no games during Melbourne Cup Week
- **Uniform:** Coloured bibs provided on the night

Comp	Day	Start	Finish	Cost	Time
Under 10	Wednesday evening	24 Oct	12 Dec	\$50	5.30pm

# U11's Hockey Victoria Indoor Competition

Register your child by **Sunday 30<sup>th</sup> September** [juniors@footscrayhockey.com.au](mailto:juniors@footscrayhockey.com.au)

Child's Name:

DOB:

Friendship Requests:

**FHC Registration/Fees Link (\$100 - 8 rounds) Due 30<sup>th</sup> September**

<https://footscrayhockeyclub.wufoo.eu/forms/z1hzah0l11ypq8z/>

**HV Indoor Membership Link (\$10) Due 30<sup>th</sup> September**

<http://membership.hockeyvictoria.org.au/Membership/Indoor-Players>

**We will be entering 3 teams into the Under 11 Mixed Pennant Competition at Victoria Uni, Footscray on Saturday afternoons.**

Comp	Day	Start	Finish	Fees	Times
Under 11	Saturday	6 Oct	15 Dec	\$100	TBC

There are no games on Melbourne Cup Weekend.

All players must wear a protective glove on their left hand, cloth strapping tape under the stick and each team needs a dedicated goal keeper (but this can be rotated). FHC uniform.

Indoor is fast-paced, and every player gets involved in the game- especially the GKs. We will be running a training/introduction session prior to the start of the season for all those that are interested in playing - likely the last weekend of school holidays.

## Hockey Victoria Indoor – what is it all about?

Indoor Hockey is a version of hockey which is played indoors in a sports hall or similar hard flat surface.

- there are only six (or 5) players per team
- each team must have a goal keeper
- the playing area is much smaller
- the goals are slightly smaller
- the duration of a game is shorter
- the ball may only be pushed and not hit
- the ball may only be played along the ground except for a shot at goal which can be raised
- there are long corners
- Penalty Corners: defenders outside posts
- indoor hockey pitches have side-boards along both side-lines which keep the ball in play

HV is running some indoor development programs, more information can be found here: <http://www.hockeyvictoria.org.au/NEWS/further-indoor-development-programs-launching>

There are also lots of indoor games on You Tube if you want to see what the fuss is all about!

## OTHER INFORMATION

### Junior Come n Try - Hockey 6's

FHC are holding 2 come and try nights for **NEW JUNIOR INTERESTED PLAYERS** to Footscray so please invite any children who you know are interested in giving hockey a go. We will teach them basic hockey skills and the rules. **(NOT FOR EXISTING MEMBERS)**

Wednesday 10<sup>th</sup> October 5.30pm – 6.30pm

Wednesday 17<sup>th</sup> October 5.30pm – 6.30pm

Come n Try Information [come-and-try@footscrayhockey.com.au](mailto:come-and-try@footscrayhockey.com.au)

### Play Hockey 6's for Adults

There opportunities for adults to play J-Ball on a Thursday evening @ FHC.

Hockey Victoria have developed two brand new versions of hockey – J-Ball and Hockey Sixers – which are played on small fields (43m x 22m), with modified rules to suit anyone, whether a seasoned player or a beginner.

These formats of the game are perfect for adults who have never given hockey a go, or played a little previously or would like to play socially. All you need is a team, a pair of runners and comfortable clothes.

Come and Try Nights for Adults Wednesday 10<sup>th</sup> October 6 – 7pm

More information can be found on [www.socialhockey.com.au](http://www.socialhockey.com.au) or contact FHC's Hockey 6's Contact [come-and-try@footscrayhockey.com.au](mailto:come-and-try@footscrayhockey.com.au) for further inquiries

## Links

**FHC Website**

[www.footscrayhockey.com.au](http://www.footscrayhockey.com.au)

**FHC Facebook**

[www.web.facebook.com/footscrayhockeyclub](http://www.web.facebook.com/footscrayhockeyclub)

**Junior Facebook Group**

<https://www.facebook.com/groups/962920810505030/>