

Puppy Press #4 May/June 2020



Hello Junior Families and welcome to the 4th Puppy Press of 2020.

As announced earlier in the week, Hockey Victoria gained clearance from Sports & Recreation Victoria to allow us to train with 20 players per end of the hockey field. Most importantly this means we can ease back into Junior training from Monday 8th June 2020.

Footscray Hockey Club have released Return to Training Guidelines that apply for all members of FHC who wish to return to training. It includes specific instructions on gate and field entry, attendance registers and spectator/parent policies. I have attached a copy of the Guidelines to this newsletter. By your children attending the training sessions, the parents and guardians agree to abide by, and inform their child/ren of the processes that must be followed.

The Most Important Points:

- On arrival, members must use hand sanitiser, which will be located on a table at the entrance. (members may use hand sanitiser during training as they see fit).
- No parents/spectators are allowed within the FHC fences during training. If you are inside the facility, you will be counted as part of the 20 and we may exceed the 20 person per group rule. We ask that you wait in your car.
- Stick/equipment bags are not to be brought into the facility. Players are to arrive fully kitted up and ready for training. Stick in one hand and water bottle in the other. Mouthguards should be properly fitted to avoid being removed during training. Change rooms will not be open and toilets are not to be used for getting changed. If your child carries any personal items, they may bring a small back pack and place on the undercover bench seats.
 - Goalkeepers are allowed to arrive 10 minutes early to kit up. They must keep their kit neat and tidy. Goalkeepers are allowed to keep their kit inside the gates. If GK's require parent help to kit up, that can be done prior to training starting. Parents must leave the fenced area after kitting up is complete.
- Toilets will be open, members are to wash their hands thoroughly and it is advisable to use hand sanitiser after using the bathroom.
- Players are **STRICTLY NOT** to pick up balls or cones with their hands. Coaches have been given their own set of balls and cones and they are the only people who are able to pick them up.
- **STRICTLY NO SPITTING.** No high fives or hugs.
- Players must make the effort to practice physical distancing at all times. Coaches will organise training around the physical distancing regulations of 1.5 meters. Members can help by ensuring they stand 1.5 meters apart from anyone else at all times, especially when waiting at a cone for their turn.
- Players and Coaches have designated entry and exit gates depending on which end of the pitch you are training on. This is clearly described in the Training Schedule below.
- Training is to end at 6.45pm sharp and the players are to leave the facility immediately. Parents are not to enter the facility to pick up their children, parents may meet children outside the gate and walk them to their car. This is to eliminate overlap, contact and congregation of Senior Players attending their training sessions after ours. No junior player should be in the facility at 6.50pm

- Exceptions for GK who may take off their kit and leave when done, parents may assist children who are GK.
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I ask that all Junior parents and guardians go through these guidelines with your children prior to training, it is very important that your child knows what to expect and understands why these guidelines have been put in place. It is to ensure the safety of all members. Coaches will remind players of the guidelines and will be pulling up any members who are not following them. We have to take this seriously as there are inspectors frequently attending sporting clubs to ensure guidelines are being followed. Clubs will be fined if found in breach of the guidelines.

The training schedule going forward will be as follows;

Monday:

- F1: Under 18's 5.30-6.45pm

Tuesday:

- F1 FW End: Girls U14's 5.30-6.45pm
- F1 PARK End: Girls U16's 5.30-6.45pm
- F2 Fw End: Girls U12's 5.30-6.45pm
- F2 PARK End: Girls U12's 5.30-6.45pm

Thursday:

- F1 FW End: Boys U16s 5.30-6.45pm
- F1 PARK End: Boys U14's 5.30-6.45pm
- F2 FW End: Boys U12's 5.30-6.45pm
- F2 PARK End: Boys U12's 5.30-6.45pm

Groups training at the F1 FW End are to enter the field via the F1 pitch Ambulance Gate.

Groups training at the F1 PARK End are to enter the field via the Regular Field Gate.

Groups training at the F2 FW End are to enter the field via the F2 pitch Ambulance Gate.

Groups training at the F2 PARK End are to enter the field via the Regular Field Gate.

I haven't forgotten about our Under 6's, Under 8's and Under 10's. The Age Group Coordinators, Junior Committee and I are working on the numbers and we will announce plans for return shortly.

As always, if you need me you can call, message or email me at any time. I will see you all next week!

Mel

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